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## **Greetings**

On behalf of International Biophilia Rehabilitation Academy I am pleased to announce to my Polish friends. In this Century, an aging society is increasing in every country. The average life span of Japanese is already over eighty years, similar to highly advanced countries. In order to establish a well aging and sustainable society, we started a standing committee in 1993, as a society for the socio-medical rehabilitation of the 21st century(21 RSM), and we were able to have a first academic meeting of the Biophilia Rehabilitation Academy in 1998.

We could have a lot of fruits from large fields not only the medical field but also psychosocial, economical, and administrative fields. Our International Activities made performing Takizawa method and the motivative exercise possible to the Republic of Palau in the South Pacific Ocean.

It is our great pleasure to hold the 9<sup>th</sup> IBRC 2011 in this beautiful country of Poland by Prof. Mieczyslaw Pokorski and Prof. Hajime Takada as representations in order to realize to consolidate the advances in rehabilitation medicine. We are looking forward to a fruitful meeting.